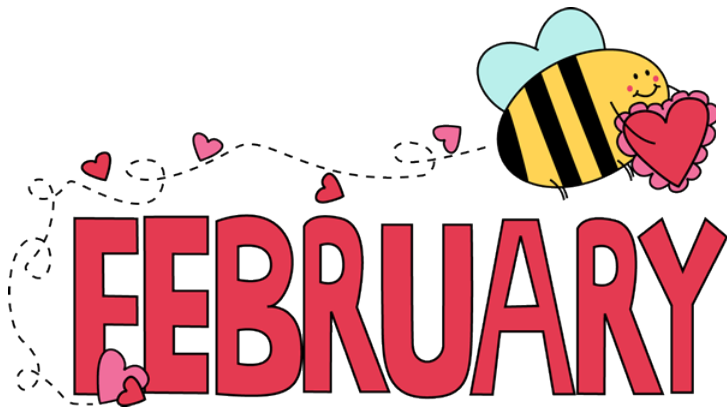
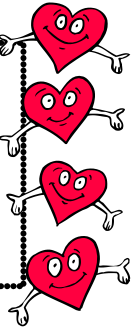


Simi Valley Unified School District








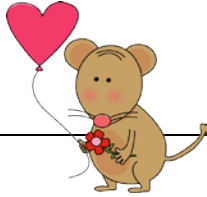


Breakfast Menu



Returned Check Charge!
There will be a \$10.00 charge each time a check is returned.
No checks for less than \$25.00 will be accepted.



Cereal available daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div style="border: 1px dashed black; padding: 5px; text-align: center;"> Breakfast Price \$1.50 Reduced Price \$0.30 A la carte milk 50 cents </div>		Feb. 1 Mini Pancakes** Sliced Peaches* Raisins* Milk*	Feb. 2 Waffles** Strawberry Cup* Raisins* Milk*
Feb. 5 Breakfast Muffin** Apple Juice* Raisins* Milk* 	Feb. 6 Mini Cinni's** Apple Bag* Raisins* Milk*	Feb. 7 Pancake Sausage (Turkey) on a Stick** Orange & Kiwi Slices* Raisins* Milk*	Feb. 8 Buttermilk Bar** Banana* Raisins* Milk*	Feb. 9 Apple Frudel** Peach Cup* Raisins* Milk* 
Feb. 12 French Toast Bar** Orange Juice* Raisins* Milk*	Feb. 13 Breakfast Bites** Apple Bag* Raisins* Milk* 	Feb. 14 Mini Pancakes** Strawberry Cup* Raisins* Milk* 	Feb. 15 Turkey Ham, Egg & Cheese Sandwich** Pears* Raisins* Milk*	Feb. 16  No School Today
Feb. 19 No School Today	Feb. 20 Mini Cinni's** Wildberry Juice* Raisins* Milk*	Feb. 21 Beef Sausage Sandwich on a Hawaiian Bun** Apple Bag* Raisins* Milk*	Feb. 22 Buttermilk Bar** Applesauce Cup* Raisins* Milk*	Feb. 23 Apple Frudel** Peach Cup* Raisins* Milk* 
Feb. 26 French Toast Bar** Apple Juice* Raisins* Milk* 	Feb. 27 Breakfast Bites** Apple Bag* Raisins* Milk*	Feb. 28 Turkey Chorizo Breakfast Bagel** Banana* Raisins* Milk*	 <p style="text-align: center;">This menu is subject to change without notice. The USDA and CDE are equal opportunity providers and employers.</p>	



Take Time for School Breakfast!



WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school is affordable, too.
- If you qualify for the free or reduced-price school lunch program, you also qualify for the breakfast program, win no additional paperwork.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT'S FOR BREAKFAST?



Cereal
Breakfast Muffin



French Toast

Pancakes



Fruit



Waffles

Turkey Ham, Egg
& Cheese Sandwich



Bagels

Milk



WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



Adapted from U.S. Department of Agriculture, Team Nutrition.
USDA does not endorse any products, services, or organizations.
Provided by Food Services, SVUSD.